



OUR CORE VALUES

COMPASSION



Temporarily suspend judgment so that you can appreciate others' perspectives or situations when they are different from your own. To be compassionate you need to be genuinely concerned about the other person or people's needs.

GRATITUDE



Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude.

MINDFULNESS



Take care of ourselves, each other, and the space we share. Mindfulness is at the core of what motivates us, why we choose our passions, and why we love them so much. Being mindful is not always easy, but the reward of slowing down and paying attention is worth the effort.

TEAMWORK



The strength of our team does not only lie in our combined experience and expertise but our ability to trust each other, no matter what the circumstances. We know that our best result is not produced by individuals, but by working as a team and supporting each other at all times.

INTEGRITY



Demonstrate sound moral and ethical principles. Do the right thing, no matter who's watching. Never bend to peer pressure if it results in sacrificing your integrity.

RESPECT



Treat everyone as you would treat yourself. Respect begins within oneself and stems from dignity, a basic human right. Dignity comes from a place of value, worthiness and sense of self-respect.